

Fun Activity Sheet

National School Breakfast Week

March 3-7, 2008

Are you a rocket scientist or a space cadet? Now that school breakfast has provided some fuel and energy for your brain, why not put it to good use and check out some of the spaced-based puzzles and facts below! Have fun and remember school breakfast is a great way to fuel your imagination!

Rocket Race

Which rocket would you like to see blast off to Planet Breakfast?

Lunar Eggsplorer



Bagelstar Galactica



Sausage Saucer

These 3 cool rockets are on the launch pad, but only one will receive enough fuel to blast off. Fuel your favorite by voting at www.schoolbreakfast.org.

The deadline to fuel rockets is March 6, 2008 and the winning rocket will blast off to Planet Breakfast on March 7, 2008.

Creative Writing Contest

SNA is proud to announce the Fuel Your Imagination creative writing contest, challenging students nationwide to write a short creative story (max 250 words) on how eating a school breakfast can help kids 'fuel their imagination', be the best or achieve their dreams.

The three stories judged to be the best by a panel of judges will be professionally illustrated and displayed for the whole world to see on the official 'Fuel Your Imagination' web site at www.schoolbreakfast.org. Find out more including how to enter at www.schoolbreakfast.org

School Breakfast Word Search

Find the following breakfast foods in the word search. Also look for the benefits that eating breakfast can provide. Words may be written forwards, backwards or diagonally.

Cereal	Fruit Juice	Skim Milk
Energy	Concentration	Potato Wedges
Burrito	Banana	Fuel
Pancake	Imagination	Sausage
Yogurt	Nutrition	French Toast
Apple	Creativity	

N	O	I	T	A	R	T	N	E	C	N	O	C	L
M	S	M	F	R	U	I	T	J	U	I	C	E	A
A	P	A	N	R	S	K	I	M	M	I	L	K	E
N	A	G	P	U	T	E	A	N	A	E	A	A	R
Y	M	I	L	P	E	G	A	S	U	A	S	C	E
T	R	N	S	P	L	O	L	B	T	R	E	N	C
I	D	A	K	L	Y	E	E	A	N	A	N	A	B
V	S	T	I	R	U	E	W	T	S	D	F	P	U
I	A	I	N	F	H	A	N	P	O	T	B	A	R
T	P	O	T	A	T	O	W	E	D	G	E	S	R
A	R	N	Y	M	M	J	U	I	R	N	O	C	I
E	N	U	T	R	I	T	I	O	N	G	T	O	T
R	A	Y	M	O	T	T	R	U	G	O	Y	D	O
C	H	T	S	A	O	T	H	C	N	E	R	F	A

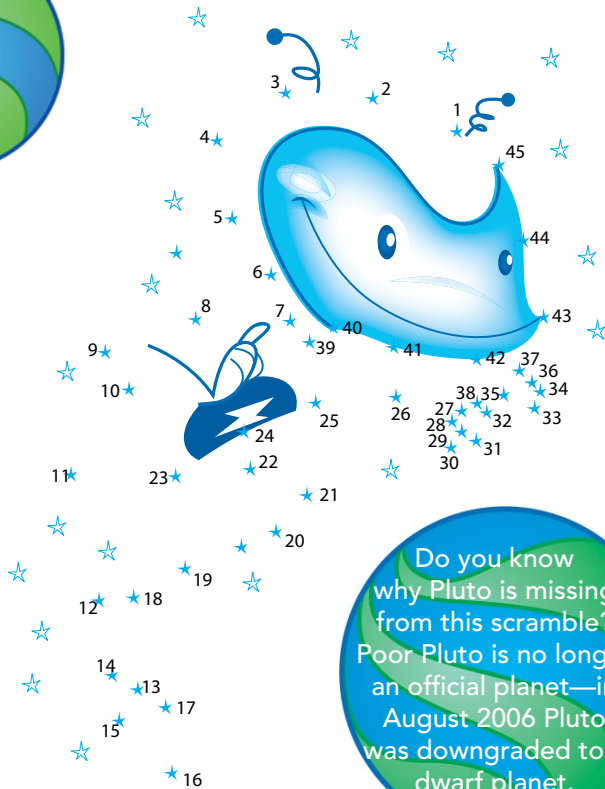
What do Astronauts eat for breakfast in space? According to NASA, breakfast foods found on shuttle missions include oatmeal, scrambled eggs and frankfurter sausages—sounds pretty good huh?

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Do you know why Pluto is missing from this scramble? Poor Pluto is no longer an official planet—in August 2006 Pluto was downgraded to a dwarf planet.

Reach for the Stars

Join the dots (well stars) and see an out of this world constellation appear!

Solar System Scramble

Its not just eggs that get scrambled—it can happen to planet names too! Use the clues to work out which planet is which!

E R C M Y R U (also an element)

P I J U R E T (the largest planet)

A R M S (not a body part try a candybar name)

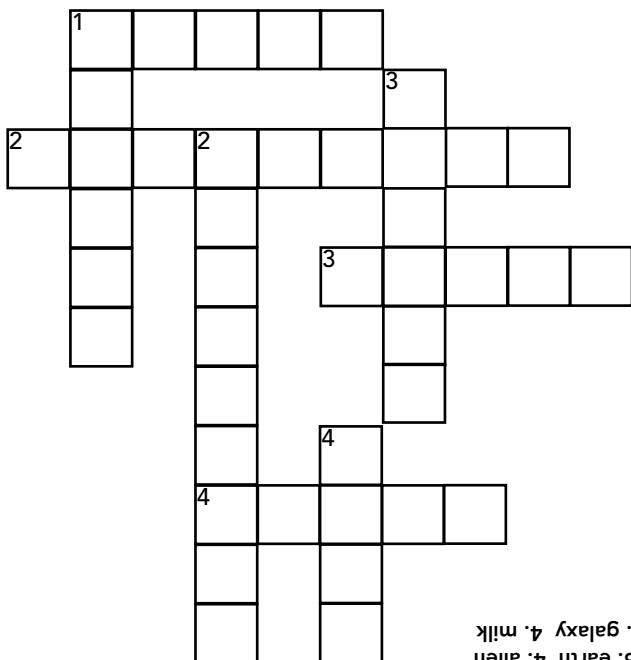
H E A R T (our planet)

N V S E U (also a flytrap)

T U N E E N P (Roman god of the sea)

T U N S R A (the ringed planet)

U U S N R A (seventh planet)



Planet Breakfast Crossword

Use the clues to complete the crossword puzzle.

Across

1. Shooting star
2. The most important meal of the day!
3. Third planet from the sun.
4. A creature not of this world.

Down

1. You pour the answer to 4 down on this popular breakfast!
2. A spaceman
3. Andromeda is a _____
4. White drink full of calcium.

Across: 1. comet 2. breakfast 3. earth 4. alien
Down: 1. cereal 2. astronaut 3. galaxy 4. milk

Answers: 1. Mercury 2. Jupiter 3. Mars 4. Earth
5. Venus 6. Neptune 7. Saturn 8. Uranus